



**Sinergie SIMA**  
Management Conference



# **Management of sustainability and well-being for individuals and society**

*Conference Proceedings*

*Short Papers*

*Parma (Italy)*

**13-14 June 2024**

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# **Management of sustainability and well-being for individuals and society**

**13-14 June 2024**

## *Conference Proceedings*

Short Papers

edited by

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# SUMMARY

## Track 1 - Entrepreneurship

<i>Empowering Student Innovators: Framing Entrepreneurship Education in Europe</i> CHIARA BARTOLI, FEDERICA BRUNETTA, CHRISTIAN LECHNER	PAG.	3
<i>Entrepreneurial Education as a transition driver from informal to formal entrepreneurship in complexity context: the AWE program.</i> FABIO GRECO, FRANCESCO CARIGNANI, FRANCESCO BIFULCO	“	11
<i>Fostering Entrepreneurial Thinking: Analysing the Drivers and Impact of Entrepreneurship Education</i> DARIO PEIRONE, JUDY YUEH LING SONG	“	17
<i>Students' entrepreneurial intentions among personal and contextual factors: a pilot study exploring the role of emotions.</i> ROSSELLA BARATTA, PIERMATTEO ARDOLINO, DIEGO BELLINI, SERENA CUBICO, FRANCESCA SIMEONI	“	23
<i>Social Entrepreneurship and Sustainability. How can challenge-based learning impact students' entrepreneurial skills and challenge providers' problems?</i> ALESSANDRA SCROCCARO	“	31
<i>Humane entrepreneurship and the circular economy: an empirical investigation.</i> MASSIMILIANO VESCI, ROBERTA DE ANGELIS	“	33
<i>Is Passion a Driver of Sustainable Entrepreneurship? An Autobiographic Analysis of Fashion Entrepreneurs</i> CECILIA PASQUINELLI, SERENA ROVAI, MATILDE MILANESI, SIMONE GUERCINI	“	39
<i>Social Innovation: a literature review mapping intellectual structure of the field.</i> LORENA GONZALEZ, ELENA CASPRINI	“	45
<i>Inter-organizational knowledge transfer in Open Innovation Ecosystems: the case of Eni's territorial initiative</i> GIORGIO DI FIORE	“	51
<i>Empowering Digital Entrepreneurship: Regulatory Governance in Platform Ecosystems</i> MUHANAD HASAN AGHA, VLADIMIR KOROVKIN, SVETLANA MIRONYUK	“	57
<i>The Governance of Entrepreneurial Ecosystems: Ecosystem Manager or Ecosystem Act?</i> GABRIELE IANIRO, MICHELE MODINA	“	59
<i>A comprehensive exploration of the knowns and unknowns of Private Equity Secondary Markets</i> MICHELE LERTORA, CRISTINA DE SILVA, MARGHERITA MIETTO, ANNA GERVASONI	“	63
<i>Unveiling The Pitfalls Of Entrepreneurial Team Diversity: Insight From A Post-Mortem Analysis of Failed Start-Ups</i> ADELE PARMENTOLA, MICHELE COSTAGLIOLA DI FIORE	“	69
<i>Agility to Handle Dynamics of Business Transformation</i> GIUSEPPE PIRRONE, MARGHERITA MILOTTA, BIRGIT HAGEN, MARTIN CLOUTIER	“	75
<i>Venture-Builders' Program Design and the creation of Scaleups</i> PAOLA BELINGHERI, CHRISTIAN LECHNER	“	83
<i>Entrepreneurial Ecosystems: exploring the Italian Tech Scaleups scenario</i> SERENA VALENTE, ALESSIA PISONI	“	89
<i>Innovazione e imprenditorialità femminile nelle PMI: un'analisi fuzzy dei driver della performance</i> LUDOVICA ANTENOZIO, DANIELA DI BERARDINO	“	97

## Track 2 - Innovation & Technology Management

<i>Beyond Words: Leveraging Language for Strategic Decision-Making in Innovation.</i> MARIA RUCSANDRA STAN, FRANCESCA DI PIETRO, FRANCESCA CAPO	PAG.	105
<i>Combining innovation and business networks for resource mobilization in the meat sector: a case study</i> ALESSANDRO PAGANO, ELISA CARLONI	“	111
<i>The role of purpose in digital companies: a study on Exponential Organizations</i> FRANCESCO DERCHI, NICOLETTA BURATTI, FRANCESCO VITELLARO	“	115
<i>Data Value Chain and Data Ecosystem through digital and traditional tools</i> LORIS SANTARELLI, FEDERICA CECI, MARIANNA SGAMMOTTA	“	123
<i>Web 3.0: il punto di vista dei manager sulle opportunità e le sfide del Metaverso e degli NFT</i> CHIARA BARTOLI, FRANCESCO FASANO, FRANCESCO CAPPÀ, PAOLO BOCCARDELLI	“	129
<i>Fostering high-impact innovation: empirical evidence in Europe</i> VALERIA SCHIFILLITI, ELVIRA TIZIANA LA ROCCA, MAURIZIO LA ROCCA	“	135
<i>Innovation in I4.0 and firms performance in Italy</i> FRANCESCO CAPONE, NICCOLÒ INNOCENTI, LEONARDO MAZZONI, LUCIANA LAZZERETTI	“	141
<i>The “5Vs” of Big Data and the Propensity to Generate Patents with Big Data Technologies in SMEs</i> ENRICO MARCAZZAN, SAVERIO BARABUFFI, GIULIO FERRIGNO, ANDREA PICCALUGA	“	147
<i>How WEIRD is Social Innovation?</i> JORDANA RECH GRACIANO DOS SANTOS, IAN MCCARTHY	“	153
<i>Open Innovation search strategies and Innovation performance: differential moderating effects of Big Data Characteristics</i> GIULIO FERRIGNO, SAVERIO BARABUFFI, ENRICO MARCAZZAN, ANDREA PICCALUGA	“	161
<i>The role of digital platforms in the university exchange of knowledge: the case of Knowledge Share</i> MARIAPIA CUTUGNO, TINDARA ABBATE, FABRIZIO CESARONI	“	167
<i>The measure of digital maturity</i> DARIO RUSSO, PIERO DEMETRIO FALORSI, FEDERICO CARDONE	“	171
<b>Track 3 - International Business</b>		
<i>Exploring the impact of cybersecurity on digital export: evidence from food industry</i> GIOVANNA TERRIZZI, ALBA MARINO, MARIA CRISTINA CINICI, DANIELA BAGLIERI	“	181
<i>Industry 4.0, Sustainability, and Internationalization: A Systematic Literature Review</i> MARTINA TOMASETIG	“	189
<i>The advantage of stateness abroad: an analysis of the social networks of state-owned enterprises</i> GABRIELE GALLI, ROBERTO URBANI	“	197
<i>La strategia ‘grab and go’: intuizioni teoriche preliminari e possibili implicazioni</i> MARTINA CASTRONOVO, ANNA MINA’, PAQUALE MASSIMO PICONE	“	205
<i>L’imprenditorialità femminile migrante nei business familiari</i> GIULIO PALMAS, MICHELA FLORIS	“	211
<i>When algorithms help cross-cultural management educators: a proposed supportive tool</i> BICE DELLA PIANA, FRANCESCO DI VINCENZO, CHIARA SIGNORE, MARIO TREROTOLA	“	217
<i>Decoding the future: entrepreneurial visions on AI’s role in international strategic decisions</i> BARBARA FRANCONI, ALICE AIUDI, YULIIA KYRDODA, SIMONA AMERIO	“	225

#### Track 4 - Management Case Studies

<i>A Public Service Logic perspective applied to health and social welfare services provided to the elderly: the case of the VIII Municipality of Rome</i> MAGDA TOUTI, FABIOLA SFODERA, LUCA DEZI	PAG.	233
<i>Interpreting long-lasting corporate crises according to stakeholders' perspective: evidence from the ILVA experience</i> SILVIA COSIMATO	“	239
<i>Knowledge sharing and learning through face-to-face and digital tools</i> LORIS SANTARELLI, FRANCESCA MASCIARELLI	“	245
<i>How do stakeholders perceive the impacts of Nature-based solutions? An Italian case study for coastal restoration and climate change adaptation</i> GIORGIA CONDOMITTI, MARIA ROSA DE GIACOMO, SARA TESSITORE, MARCO FREY	“	251
<i>Una ipotesi di formalizzazione markoviana della dinamica delle unità operative nei cambiamenti organizzativi di ENEL S.p.A.</i> MARIO BRUNETTI, GIANLUCA VAGNANI	“	259
<i>Empowering women workforce in steel production: A case study on implementing Diversity, Equity and Inclusion (DEI) initiatives</i> LAURA TOLETTINI, ELEONORA DI MARIA, EMILIA FILIPPI, LETIZIA LO PREIATO, MARIAASOLE BANNÒ	“	265
<i>La trasformazione organizzativa di Autostrade per l'Italia: verso la strategic agility nell'era delle policrisi</i> PAOLO BOCCARDELLI, ROBERTO TOMASI, CHIARA BARTOLI, MARIA LORENZA GERARDI	“	273
<b>Track 5 - Management of sustainability and well-being for individuals and society</b>		
<i>Happiness and emotions at work in organizational relationships. The role of affectivity and empathy for meta-organizational and nonhierarchical solutions in the resilient firm</i> LUCIANO PILOTTI	“	283
<i>The shortage of skilled personnel in the transition from Industry 4.0 to Industry 5.0: Impacts and challenges in the machine tool industry</i> ELEONORA BIGLIA, MONICA CUGNO, REBECCA CASTAGNOLI	“	289
<i>Additive manufacturing: tecnologie umane e sostenibili per il benessere degli individui e della società</i> GIUSEPPE BONGIORNO, MARIACARMELA PASSARELLI, MICHELA SANGUEDOLCE, LUIGINO FILICE, ALFIO CARIOLA	“	297
<i>Well-being in the transition from Industry 4.0 to Industry 5.0</i> MICHELA PICCAROZZI, FEDERICA CABONI, ROBERTO BRUNI	“	303
<i>Employee well-being in the era of hybrid work: In search of sustainability for organizational members</i> ALFONSA BUTERA, ALESSANDRA MAZZEI, SILVIA RAVAZZANI	“	311
<i>Navigating Transformative Service Research for individual and social well-being: A comprehensive review</i> MARIA DELLA LUCIA, ERICA SANTINI, MUHAMMAD JUNAID SHAHID HASNI	“	317
<i>Le App di food sharing tra benefici individuali e ambientali: ascolto delle conversazioni online degli utenti su Too Good To Go.</i> SILVIA BELLINI, CRISTINA ZERBINI, DONATA TANIA VERGURA, BEATRICE CECCOLI	“	325
<i>Well-being as a key for sustainable and long-term oriented management</i> DARIO NATALE PALMUCCI, GABRIELE SANTORO	“	331
<i>The role of the enterprise in the pursuit of the well-being for citizens and society. The contribution of the Italian Schools of Enterprise Economics and Management</i> SILVIA BRUZZI	“	335



<b><i>The strength of Nutriscore in improving sustainable eating habits and well-being: bad and good news</i></b> ORNELLA BONAFEDE, CARMELA D'AGOSTINO, ANDREA BAZZANI, GIUSEPPE TURCHETTI, LEOPOLDO TRIESTE	PAG.	341
<b><i>Does organic food consumption impact subjective well-being? A mediation-moderation approach</i></b> CELSO AUGUSTO DE MATOS, MARLON DALMORO, MARCIA DUTRA DE BARCELLOS	“	347
<b><i>An improved framework for social sustainability: a bottom-up approach to boost social innovation and sustain employability</i></b> GIUSY SICA, ALESSANDRA MICOZZI, MARIA ANTONELLA FERRI, MARIA PALAZZO	“	353
<b><i>Knowledge, self-perception and eco-sustainable behaviours. Inspiring actions in green learning</i></b> ADRIANA APUZZO, RITA KLAPPER, MARIALUISA SAVIANO, MARIO TESTA	“	361
<b><i>Understanding the link among cultural participation, resilience, and well-being. A systematic literature review.</i></b> GIORGIA MASILI, DANIELE BINCI	“	369
<b><i>Shaping tomorrow's sustainable enterprises: profiling the hard and soft skills of sustainable managers</i></b> GIULIA NEVI, GIULIA GOGIALI, GIANPAOLO BASILE, LUCA DEZI, CARMELA GUITTO	“	375
<b>Track 6 - Marketing</b>		
<b><i>Virtual influencers in tourism marketing: insight or oversight? The case of “Open to Meraviglia”</i></b> RADA GUTULEAC, GABRIELE BAIMA, CRISTIAN RIZZO	“	383
<b><i>Mitigating the Negative Effects of Human-like Virtual Medical Agents on Patients' Emotions. Results From A Preliminarily Experimental Study</i></b> ANDREA SESTINO, ALFREDO D'ANGELO, RUSSELL W. BELK	“	389
<b><i>Scaling Consumer Neuroscience Technologies for Individual and Societal Well-Being. A Bibliometric Analysis of Precursors.</i></b> ANDREA BAZZANI, GIORGIO MANFRONI, UGO FARAGUNA, GIUSEPPE TURCHETTI	“	393
<b><i>Unveiling the Dynamics of GPT Technology Adoption: Assessing Trust in Technology and Self-Efficacy's Influence on Consumer Behavior</i></b> FRANCESCA CELIO, FRANCESCO RICOTTA	“	403
<b><i>Investigating Consumer Perceptions of Brand Personality and Reactions in the Automotive Industry by ChatGPT</i></b> ALESSANDRO SIGNORINI, ALESSANDRO FERI, ANGELO BACCELLONI, ELISA PUVIA	“	409
<b><i>Understanding the potentialities of metaverse for marketers. Insights from Italy</i></b> MICHELE SIMONI, ANNARITA SORRENTINO, LUCA VENTURINI, MYRIAM CARATU	“	419
<b><i>“The influence of individual values on purchase intention of fair-trade products: An analysis on Italian consumers”</i></b> NOHAILA KARTTI, GIUSEPPE FRANZESE, CHIARA CANNAVALE	“	425
<b><i>The story that only circular products can tell: Empowering consumers through background information</i></b> SHRIPATHY SWAMINATHAN, VINICIO DI IORIO, FRANCESCO TESTA	“	431
<b><i>Reshaping customers' lifelong journey in the health and wellness contexts</i></b> LAURA GRAZZINI, SABINA DE ROSIS, RAFFAELE FRUSTACI, VALENTINA SBROLLI, GAETANO AIELLO	“	445
<b><i>A Well Mind, A Wise Choice: A Systematic Review of Wellness and its Influence on Food Decision-Making</i></b> SIMONA DEL CORE, ALESSIO DI LEO, FABIOLA SFODERA, NICCOLÒ PICCIONI	“	451
<b><i>Taste-Makers Narratives: Analyzing the Effect of Food Influencers on Home Cooks</i></b> FRANCESCO SMALDONE, GIADA MAINOLFI	“	457

<i>Building a Better Future: The University Activism for Societal Wellbeing</i> ANTONELLA CAMMAROTA, FRANCESCA AVALLONE, VITTORIA MARINO, RICCARDO RESCINITI	PAG.	463
<i>L'integrazione del Metaverso negli eventi: impatto sugli SDG's e prospettive future</i> FRANCESCA IGINI, ARTURO CAFARO, MARIO CALABRESE	“	469
<i>The impact of sustainability and country-of-origin on consumers' willingness-to-pay for a brand: A conceptual framework</i> CHIARA SCRIMIERI, ADAMANTIOS DIAMANTOPOULOS, MICHELA MATARAZZO, ALBERTO PASTORE	“	477
<i>Conceptualizing perceptions of institutionally derived maneuverable space for value (co)creation.</i> JIMMIE RÖNDELL, PETER EKMAN	“	483
<i>Narrating the past. Exploring the antecedents of the use of heritage marketing tools by centenarian Italian companies</i> ANGELO RIVIEZZO, GIUSY MIGNONE, ANTONIO LUCADAMO, MARIA ROSARIA NAPOLITANO	“	489
<i>Examining Healthy Food Consumption Among People Over 60 years</i> VINCENZO GISSI, ELISABETTA SAVELLI	“	495
<i>The new dimension of brand in 'metaverse': a structured literature review</i> KAROLINA SALLAKU, DOMENICO MORRONE, ANNUNZIATA TARULLI	“	503
<i>Delving into sustainability and Made in Italy fashion brands: Perspectives from Generation Z</i> FEDERICA CECCOTTI, SARA BOCCALINI, MICHELA PATRIZI, MARIA VERNUCCIO, ALBERTO PASTORE	“	509
<i>Drinking with eyes: how colors elicit consumers' taste expectations of coffee</i> DANIELE PORCHEDDU, RAFFAELE CAMPO, PIERFELICE ROSATO, FABRIZIO PIU	“	517
<i>Aging and social influence: An empirical investigation of the effect of age on consumers' susceptibility to word of mouth</i> ALESSANDRO M. PELUSO, ANTEA GAMBICORTI, GIOVANNI PINO, MIHAELA GIANNELLI	“	523
<i>The rise of Phygital Reality: insights from Structural Topic Modelling</i> DANIELE VIRGILLITO, FRANCESCO RUSSO, ALESSIA MUNNIA, MARCO ROMANO	“	529
<i>Exploring the Metaverse from the consumer perspective: insight from a systematic literature review.</i> MARCO FERRETTI, MARIA ANTONELLA FERRI, GIUSEPPE LA RAGIONE, MARIA PALAZZO, FRANCESCO PAROLA, MARCELLO RISITANO	“	535
<i>Fifty Shades of Black Friday</i> FRANCESCA NEGRI, ALESSANDRO IUFFMANN GHEZZI	“	541
<b>Track 7 - Purpose-driven Businesses</b>		
<i>Entrepreneurial Ecosystem and Proximity: a framework for Social Ecosystem Development</i> RICKY CELENTA, VALENTINA CUCINO, ROSANGELA FEOLA, CHIARA CRUDELE	“	549
<i>Purpose-driven Clusters in the Era of Sustainability</i> MICHELE SIMONI, MARIA CRISTINA PIETRONUDO, EVA PANETTI	“	555
<i>The Power of Interactions. Exploring Stakeholder Adoption of pro-social practices from purpose-driven companies</i> MARTINA TAFURO, ANDREA PICCALUGA	“	561
<i>B-Corp: un esame delle aziende alimentari Italiane attraverso la Teoria dei Segnali</i> NORA ANNESI, VALENTINA CUCINO	“	567
<i>Individuals' Goal Alignment in Humane Entrepreneurial Oriented Organisations: A Preliminary Study</i> CHIARA MARINELLI, GRAZIA GARLATTI COSTA, SALVATORE DORE	“	573

<i>Open Social Innovation per affrontare le sfide globali: il caso Isinnova</i> VALENTINA CUCINO, ROSANGELA FEOLA, GIULIO FERRIGNO	PAG.	581
<b>Track 8 - Retailing &amp; Service Management</b>		
<i>The effect of entrepreneurial and customer orientations on shopper loyalty: an explorative study on small independent retailers</i> ALICE MANTOVANI, LARA PENCO, SANDRO CASTALDO	“	589
<i>Ensuring customer satisfaction and loyalty of online health and well-being: a comparison study across types of services</i> GIADA SALVIETTI, SILVIA RANFAGNI, DANIO BERTI	“	597
<i>Digital Transformation in the Italian Restaurant Industry: Navigating the Challenges and Opportunities of Food Delivery Services</i> ALBERTO SUSCO, DAVIDE CANAVESIO, MONICA CUGNO	“	605
<i>Exploring Metaverse Adoption in High-Involvement Purchases: Insights from field research</i> BEATRICE LUCERI, SIMONE AIOLFI, GIOVANNI ROMANO	“	611
<i>Word of mouth vs. word of machine: a preliminary analysis</i> GRAZIANO ABRATE, VALERIA FARALLA	“	619
<i>Promoting (un)conscious purchasing behaviors and choices in favor of sustainability</i> SILVIA BELLINI, CHIARA BACCHILEGA, DAVIDE PELLEGRINI, SIMONE AIOLFI	“	623
<i>The Family Caregiver Experience in Palliative Care Pathways: Development and Validation of a Multidimensional Approach</i> MARZIA CETTINA SEVERINO, COSTANZA GALLI, SABINA DE ROSIS	“	629
<i>Balancing Act: The Impact of Product-Oriented Sustainability Information on Consumer Responses</i> VALENTINA MAZZOLI, LAURA GRAZZINI, AULONA ULQINAKU	“	635
<i>Catalysing Sustainability: Retailers as Driving Platforms in the Food Industry's Transition</i> ALBERTO MASSACCI, ELENA CASPRINI, LORENZO ZANNI	“	641
<i>The right kiosk across different generations! A quantitative study in the retailing food sector</i> LUCA CORINALDESI, GENNARO IASEVOLI, CHIARA OTTOLENGHI	“	649
<i>Retail Internationalization and Innovation: systematic literature review</i> MICHELE BADOLATO	“	655
<b>Track 9 - Small &amp; Family Business</b>		
<i>Dynamics of Change: A Comparative Analysis of Commitment in Family vs. Non-Family Businesses</i> ROBERTA PINNA, MICHELA FLORIS, FABIO CORONA, GIANFRANCO CICOTTO, CINZIA DESSI	“	673
<i>Exploring the dynamics of external knowledge acquisition in family businesses: factors, constraints, and success indicators</i> GERARDO BOSCO, ALESSIA SCIARRONE, RAFFAELE D'AMORE, DAVIDE LIBERATO LO CONTE, MARIO CALABRESE	“	679
<i>Tradition in Transition: Exploring Organizational Dynamics and Strategies in Small Hotels</i> MARCO CORSINO, DAVIDE BAGNARESI, FRANCESCO MARIA BARBINI	“	685
<i>Whispers of Ambition: Unpacking Emotions in Entrepreneurial Orientation of Women-Led Family Businesses</i> MICHELA FLORIS, ANGELA DETTORI, RICHA GOEL, TILOTTAMA SINGH	“	691

<b><i>The impact of board gender diversity on family firms' value: the mediating role of environmental innovation</i></b>		
FRANCESCO GANGI, MARIA COSCIA, LUCIA MICHELA DANIELE, NICOLA VARRONE	PAG.	699
<b><i>The digital transformation process of SMEs to compete in the current business environment: evidence from an Italian case</i></b>		
GINEVRA TESTA, ANDREA CIACCI, LARA PENCO	“	707
<b>Track 10 - Strategic Communication</b>		
<b><i>Millennials and Bookfluencers: a cross cultural analysis</i></b>		
LINDA GABBIANELLI	“	715
<b><i>The impact of communicating food safety on communication goals: an exploratory study in Agri-food firms from the entrepreneurial perspective</i></b>		
EMANUELA CONTI, DANIELE GIAMPAOLI, FRANCESCA CESARONI, TONINO PENCARELLI	“	721
<b><i>Leveraging Italianness abroad: A corpus-assisted discourse approach to restaurant branding</i></b>		
WALTER SPEZZANO, STEFANO DE CANTIS, JOHN D. BUSCHMAN	“	727
<b><i>Testing controversial advertising effects on brand associations: first insights from an affective priming pilot experiment</i></b>		
FRANCESCA SAMMARTINO, FRANCESCA CONTE, SIANO ALFONSO	“	733
<b><i>Strategic Agility in Error Management: Bridging Theory and Practice in Strategic Communication</i></b>		
MARCO BALZANO	“	741
<b>Track 11 - Strategy &amp; Governance</b>		
<b><i>Do executive actions reflect their personality traits?: A review of organizational misconduct</i></b>		
PIERLUIGI GIARDINO, ANDREA CAPUTO	“	749
<b><i>Governing Micro-Municipalities: A Literature Review</i></b>		
MATTEO CRISTOFARO, NICOLA CUCARI, ANTONELLA MONDA, DAVIDE LIBERATO LO CONTE, ANASTASSIA ZANNONI, LEUL GIRMA, PINALBA SCHILLECI, FRANCESCO LAVIOLA, SIMONA MARE	“	757
<b><i>Uno strumento di Governance ESG integrata per una strategia aziendale sostenibile</i></b>		
ILENIA CEGLIA, MASSIMO BATTAGLIA, NORA ANNESI, FRANCESCO MERCURI	“	765
<b><i>Does female corporate leadership improve environmental performance? A systematic literature review</i></b>		
MARIA ROSA DE GIACOMO, MARCO FREY	“	771
<b><i>The Geography of Innovation: The Phenomenon of Urban Clustering in the Fashion Industry</i></b>		
ALESSIO TRAVASI, FABIO MUSSO	“	777
<b><i>Strategic analysis of IRCCSs' sustainability management</i></b>		
PAOLA OLIMPIA ACHARD, CHIARA BELLINI, LEONARDO IOANNUCCI	“	783
<b><i>The role of HR analytics to Enable Strategic HR management in SMEs</i></b>		
CHRISTIAN DI PRIMA, ALBERTO FERRARIS	“	791
<b><i>Trick or Treat: Firm's strategic response to temporary shock in the real estate business</i></b>		
ALBERTO MASSACCI	“	795
<b>Track 12 - Supply Chain Management, Logistics &amp; Operations</b>		
<b><i>Who Should Pay for the Returns Product? The Effect of Transparency on Consumers' Decision-making across the Reverse Supply Chain.</i></b>		
BENEDETTA BALDI, NADJA VORONTSOVA, IVAN RUSSO, THOMAS J. GOLDSBY	“	805

<i>Modern slavery in mining supply chains: the role of social enterprises and the institutional context</i> FRANCESCO GHEZZI, FABIO IANNONE, FRANCESCO RIZZI, ELEONORA ANNUNZIATA, MARCO FREY	PAG.	811
<i>Triadic literature in sustainable supply chain management: paving the way</i> CHIARA SGUIZZARDI, IVAN RUSSO, ILENIA CONFENTE	“	817
<i>Logistics services providers in humanitarian logistics. A bibliometric and systematic literature review.</i> FRANCESCA CELIO, ALESSANDRA COZZOLINO	“	823
<i>Eco-packaging innovations in paper and cardboard. Preliminary insights from cognitive mapping on international projects</i> ALESSANDRA COZZOLINO, PIETRO DE GIOVANNI	“	831
<i>Strategic reshoring: redefining competitiveness in global markets</i> SIMONE LUONGO, VALENTINA DELLA CORTE, ENRICO DI TARANTO	“	837
<i>Unpacking the “truce” in Sales and Operations Planning routine. An ethnographic study</i> DAVIDE BONFIO, ANDREA FURLAN	“	843
<i>Which governance strategy is best for specialized investments? Insights from the weaker partner’s perspective</i> EMANUELA DELBUFALO	“	849
<i>Decarbonizing Last-Mile Delivery: a study on crowdsourced delivery incentives</i> SILVIA BLASI, SARA TONIOLO	“	855
<i>Managing critical raw materials in energy transitioning supply chains: a Resource Dependence theoretical perspective on supply chain management capabilities</i> VITTORIO MARIA GARIBBO, FRANCESCO GHEZZI, ELEONORA ANNUNZIATA, FRANCESCO RIZZI, MARCO FREY	“	861
<b>Track 13 - Sustainability</b>		
<i>The rebound effect of responsible consumption: an explorative research on sharing economy consumers</i> VERONICA CAPONE, CECILIA GRIECO	“	869
<i>Greenwashing Temptation: A Critical Examination of the Legal Approach against Greenwashing</i> LUCIA GATTI, FEDERICA BUFFA, UMBERTO MARTINI	“	875
<i>Harnessing collective bargaining for fostering sustainability and competitiveness: fact or fiction?</i> CHIARA DE BERNARDI, NICCOLÒ MARIA TODARO, MARIA ROSA DE GIACOMO, MARCO FREY	“	881
<i>Understanding Corporate Social Responsibility Scepticism: Implications and Insights from the Literature</i> RONGTITYA RITH, RICCARDO SPINELLI	“	887
<i>Il ruolo degli intermediari nella Simbiosi Industriale: il caso Regusto</i> CHIARA PALAGONIA, GAELLE COTTERLAZ-RANNARD, CAROLINE MATTELIN-PIERRARD, LAURA MICHELINI	“	893
<i>L’industria del calcio tra sostenibilità finanziaria e nuove dimensioni tecnologiche</i> ANNABELLA CONTURSO, ROBERTO DE RENZI, PIETRO TARAGONI, MARIO RAMAGLIA	“	899
<i>Rivelare il potenziale nascosto della natura: il ruolo del management nelle public policy per la biodiversità</i> JACOPO CRICCHIO, VALENTINA CUCINO, ANDREA PICCALUGA, ALBERTO DI MININ	“	907
<i>A explorative analysis on the impact of ESG and ESG ‘s controversies on corporate performance</i> SALVATORE ESPOSITO DE FALCO, ANTONIO RENZI, ESTELINA DALIPI, GIANLUCA VAGNANI, FRANCESCA RAMAGLIA	“	913
<i>Aligning with the Sustainability Promise in ESG investing: A case study on employees’ ESG readiness</i> HELENA LIEWENDAHL, KRISTINA HEINONEN, TERESIA STIGZELIUS, CATHARINA EHRNROOTH	“	921

<b><i>Food Waste and Out-of-Home Consumption Patterns: Unravelling the Actual Consumption Behavior of Food Taken Away and Consumed at Home</i></b>	PAG.	929
LUDOVICA PRINCIPATO, CAMILLA COMIS, LUCA SECONDI, MENGTING YU, CLARA CICATIELLO		
<b><i>The role of Paradox mindset on the intention to implement Industrial Symbiosis: linking Paradox Theory and Theory of Planned Behavior</i></b>	“	935
ALICE ALOSI, CARINA KELLER, ELEONORA ANNUNZIATA, FRANCESCO RIZZI, KARIN KREUTZER, MARCO FREY		
<b><i>Managing the business and biodiversity relationship: a Systematic Review</i></b>	“	941
SARA TESSITORE, FRANCESCO TESTA, NICCOLÒ MARIA TODARO, DUCCIO TOSI, VINICIO DI IORIO		
<b><i>The role of biodiversity for business and social innovation</i></b>	“	949
MAURO CAPESTRO, STEFANO DENICOLAI		
<b><i>How do Dynamic capabilities, Ecosystems and Green innovations contribute to the creation of a Net Zero Path? Insights from Italian wine sector.</i></b>	“	957
RITA MURA, FRANCESCA VICENTINI, LUCIANO FRATOCCHI, LUDOVICO MARIA BOTTI, MARIA VINCENZA CHIRIACÒ		
<b><i>Linking innovation and sustainability through equity-based crowdfunding campaigns. A focus on cultural and creative industries</i></b>	“	963
CRISTINA CATERINA AMITRANO, CIRO TROISE		
<b><i>Product vs sales platform sustainability: who wins the online challenge? An exploratory analysis of Italian consumers</i></b>	“	969
ANNUNZIATA TARULLI, DOMENICO MORRONE, DANIELE RUTIGLIANO, KAROLINA SALLAKU, RAFFAELE SILVESTRI		
<b><i>Driving corporate social responsibility: examining the impact of diversity and inclusion across multiple levels</i></b>	“	975
CHIARA LEGGERINI, MARIASOLE BANNÒ		
<b><i>From Dominance to Responsibility. The integration of Corporate Social Responsibility in Chaebol's Corporate Governance</i></b>	“	981
CINZIA DESSI		
<b><i>Sustainability Alignment in Cross-Border Collaborations: Dynamics, Challenges and Limits</i></b>	“	987
DAVIDE LIBERATO LO CONTE, SAQIB SHAMIM, GIUSEPPE SANCETTA		
<b><i>Sustainable and innovative practices in foodstuffs domain: the impact on consumer's perceptions and dispositions</i></b>	“	995
VERONICA MAROZZO, ALESSANDRA COSTA, TINDARA ABBATE, AUGUSTO D' AMICO		
<b><i>Evolution of Sustainable Reporting: Impacts and Prospects of CSRD Regulation</i></b>	“	1003
DAVIDE LIBERATO LO CONTE, RAFFAELE D' AMORE, GERARDO BOSCO, ALESSIA SCIARRONE, MARIO CALABRESE		
<b><i>Greening the culinary scene: environmental management initiatives in restaurant sustainability</i></b>	“	1011
SIMONE LUONGO, VALENTINA DELLA CORTE, FABIANA SEPE, GIOVANNA DEL GAUDIO		
<b><i>Perceived authenticity of green influencers: An experiment on components and determinants</i></b>	“	1017
STEFANO ROMITO, GAIA GIAMBASTIANI, CLODIA VURRO		
<b><i>roblematicizing on the three main pillars of sustainability from a paradox theory perspective</i></b>	“	1023
ALICE ALOSI, VINICIO DI IORIO		
<b>Track 14 - Tourism &amp; Culture Management</b>		
<b><i>The evolution of sustainability discourses in online reviews: an investigation of the impact of triple bottom line dimensions on tourists' eWOM and destination satisfaction.</i></b>	“	1031
DAVID D' ACUNTO, SERENA LONARDI, ILENIA CONFENTE		

<i>Generazione Z e percezione delle sostenibilità nella scelta del servizio alberghiero</i> DANIELE GRECHI, ROBERTA MINAZZI	PAG.	1037
<i>Data-driven Strategic Process in the Hospitality Industry: Studying Hotel consumers' purchase intention through web analytics.</i> GIUSEPPINA LO MASCOLO, GABRIELLA LEVANTI, MARCELLO CHIODI, ARABELLA MOCCIARO LI DESTRI	“	1045
<i>Unveiling Museums' Online Reputation. The Case of the Uffizi Galleries</i> PAOLA BECCHERLE, LUCIANA LAZZERETTI, STEFANIA OLIVA	“	1053
<i>Cruise ship size and public perception: An explorative study on X</i> GINEVRA TESTA, GIORGIA PROFUMO	“	1059
<i>The motivations behind religious and spiritual tourism: an empirical investigation on Assisi visitors</i> FRANCESCA RIVETTI, SIMONE SPLENDIANI, MAURO DINI	“	1067
<i>Industrial tourism in Italy: a spatial analysis of regional patterns of specialization</i> ANGELO RIVIEZZO, ANTONELLA GAROFANO, GIUSY MIGNONE	“	1073
<i>Crossing Green Tracks: The Role of Monumental Railways in Promoting Eco-Sustainable Business in Slow Tourism</i> MICHELE BERUTTI, CINZIA DESSI, GIUSEPPE MELIS, DANIELA PETTINAO	“	1079
<i>Contributing to Cultural Welfare: A Critical Review of Methods for Measuring the Impact of Culture on Sustainability and Well-being</i> MARA CERQUETTI, GIULIA LAPUCCI	“	1087
<i>Tourism in Smart City policy: an opportunity for Urban Sustainability</i> STEFANIA ESCOBAR, GIOVANNI ESPOSITO, NATHALIE CRUTZEN, MICHAEL NIPPA, LINDA OSTI	“	1093
<i>Transnational collaborations for a more sustainable tourism: the role of digital transition</i> ALESSIA ZOPPELLETTO, SERENA LONARDI, UMBERTO MARTINI	“	1099
<i>Measuring Destination Carrying Capacity from Residents' Perspectives: A Pilot Study in Garda Trentino</i> OKSANA TOKARCHUK, CAROLA STEFENELLI, UMBERTO MARTINI	“	1105
<i>A sensitizing literature review for future research about overtourism in Milan</i> ANDREA CHIARINI, ALBERTO GRANDO	“	1113
<i>La formazione degli ecosistemi digitali tra strategie deliberate e processi spontanei</i> SONIA CATERINA GIACCONE, ARISA SHOLLO	“	1119
<i>Metaverse in social innovation: developing trends to support marginal areas sustainable growing.</i> GIANPAOLO BASILE, MARIA PALAZZO, MARIA ANTONELLA FERRI, MARIO TANI	“	1125
<i>Harnessing Digital Technologies for Knowledge Management in Luxury Hospitality: the cases of Grand Hotel et de Milan and STRAFhotel&amp;bar.</i> MARIAPINA TRUNFIO, LUNA LEONI, CECILIA PASQUINELLI, ANGELO PRESENZA	“	1131
<i>Cultural Heritage Management in Museums: The Open Culture Dilemma</i> MARIA DELLA LUCIA, GIULIA DORE, RANA MUHAMMAD UMAR	“	1137
<i>Destination ambassador, authenticity and informal communication. Exploratory research on mountain professionals</i> UMBERTO MARTINI, FEDERICA BUFFA	“	1143

**Track 15 - Examining the social and environmental relevance of sustainable digital business models:  
Impact on business practices and consumers - Special Track**

***Good Governance for Smart Villages: A Bibliometric Review***

LEUL GIRMA HAYLEMARIAM, NICOLA CUCARI, MATTEO CRISTOFARO, FRANCESCO LAVIOLA,  
DAVIDE LIBERATO LO CONTE, ANTONELLA MONDA, ANASTASSIA ZANNONI, PINALBA, SCHILLECI,  
SIMONA MARE

PAG. 1151

***The Paradox of Sustainability in Crowdfunding: Lessons from the Food Industry***

LUIGI NASTA, BARBARA SVEVA MAGNANELLI, LUCA PIROLO

“ 1161

***Paradoxical Tensions and Paradoxical Mindset as Predictors of Managers' Behavioral Responses to AI-driven Healthcare Tools: A Preliminary Study***

ANDREA SESTINO, LUÍS IRGANG, HENRIK BARTH, MAGNUS HOLMEN

“ 1167

***Development and Sustainability of Online Pharmacy Sales***

ORAZIO VELLA, SIMONE GUERCINI

“ 1171

**Track 16 - Growing resilient Italian SMEs - Special Track**

***The resilience of family firms: exploring the role of collaborative response with supply chain partners***

CLAUDIA PONGELLI, EMANUELA DELBUFOLO, ALFREDO DE MASSIS

“ 1179

***Verso una Misura di Resilienza per le Piccole e Medie Imprese***

PIETRO TARAGONI, SALVATORE ESPOSITO DE FALCO, ANTONIO RENZI, GIANLUCA VAGNANI

“ 1185

***La diversità di genere nella forza lavoro come antecedente della resilienza d'impresa: evidenze preliminari da un caso studio***

CRISTINA LEONE, PASQUALE MASSIMO PICONE, ARABELLA MOCCIARO LI DESTRI

“ 1193

**Track 17 - Perspectives on grand challenges in international business and implications for companies  
Special Track**

***“Made by”: the evolution of the Country-of-Origin Effect to businesses and firms***

ROSARIO FARACI, ROSARIA FERLITO, SONIA CATERINA GIACCONE

“ 1201

**Track 18 - Intelligenza artificiale nel management**

***From Data to Action: AI-Enhanced Prediction of Business Crises Integrating Financial and Social Media Insights***

DAVIDE LIBERATO LO CONTE, FRANCESCO RICOTTA, GABRIELE RINNA

“ 1209

***When does technological innovation overlap social innovation? Conceptualizing an organizational aidriven model***

SARA DIODATI, LAWRENCE CABRERA, RICCARDO RIALTI, LAMBERTO ZOLLO

“ 1215

***Exploring the impact of Artificial Intelligence on Vocational Education and Training (VET)***

SILVIA COSIMATO, NADIA DI PAOLA, ROBERTO VONA, NUNZIA CAPOBIANCO

“ 1221

***AI-Powered Marketing Communication: Exploring Strategies in the Luxury Furniture Industry***

NICCOLÒ PICCIONI, FABIOLA SFODERA, ALBERTO MATTIACCI

“ 1229

***Artificial Intelligence in SCM: insights from two illustrative cases***

SERENA GALVANI, ROBERTA BOCCONCELLI

“ 1235

***Strategic Foresight and Artificial Intelligence: Evidence of a Paradoxical Relationship***

MATTEO CRISTOFARO, MIE AUGIER, LUNA LEONI, PINALBA SCHILLECI

“ 1241

***A Systematic Literature Review on AI-empowered Strategic Decision-Making process***

ALESSIA MUNNIA, MARCO ROMANO, REBECCA CASEY, JAMES A. CUNNINGHAM

“ 1247



<b><i>Gen-AI nel settore agri-food: determinanti d'adozione ed impatto organizzativo</i></b> FRANCESCO MERCURI, DILETTA PILOCA, SABRINA RESTANTE, LUCA QUAGLIERI, BERNARDINO QUATTROCIOCCHI	PAG.	1255
<b><i>Managing services in tourism destinations through Artificial Intelligence and Machine learning: The Data for Destination Model</i></b> SILVIA BAIOTTO, DANILO CROCE, PAOLA MARIA ANNA PANICCIA, ROBERTO BASILI, ANDRIY SHCHERBAKOV, ALESSANDRA ARCESE	“	1263
<b><i>The Future of Digital Technologies: AI-Driven Interfaces for Universal Usability</i></b> GIUSEPPE LANFRANCHI, ANTONIO CRUPI	“	1273
 <b>Track – General management</b>		
<b><i>Blockchain Waste Management: A Systematic Literature Review for the Public Administration</i></b> GLORIA DIANA MARINSANTI RWAKIHEMBO, FRANCESCA FAGGIONI, MARCO VALERIO ROSSI	“	1281
<b><i>Blockchain Waste Management: are Italian managers ready?</i></b> GLORIA DIANA MARINSANTI RWAKIHEMBO, FRANCESCA FAGGIONI, MARCO VALERIO ROSSI	“	1287
<b><i>Creating a Blockchain Governance framework for Circular Economy: Preliminary results</i></b> GLORIA DIANA MARINSANTI RWAKIHEMBO, FRANCESCA FAGGIONI, MARCO VALERIO ROSSI	“	1291
<b><i>Social acceptance of Decentralized Renewable Energies in East African rural communities: preliminary evidence from a multiple case study</i></b> FABIO IANNONE, ELEONORA ANNUNZIATA, FRANCESCO RIZZI, MARCO FREY	“	1295
<b><i>Sustainable Management of the Photovoltaic Waste Stream: Regional Analysis and Economic and Management Perspectives</i></b> ANDREA FRANZONI, CHIARA LEGGERINI, MARIASOLE BANNÒ	“	1301
<b><i>Enhancing Well-Being for People with Disabilities, Insights from Multiple Case Study of Smart Nature-Based Solutions' Actions in Italy</i></b> GIOVANNA BAGNATO, AUGUSTO BARGONI, CHIARA GIACHINNO	“	1307
<b><i>Managerial and technological challenges for climate finance. A multidisciplinary model based on AI for the assessment of sustainability</i></b> DANIELE LEONE, ELVIRA BUONOCORE, EVA PANETTI, BELINDA LAURA DEL GAUDIO, DARIO SALERNO, ANDREA CAPORUSCIO, SALVATORE SCOGNAMIGLIO, FRANCO TRUBIANI, MARIA CRISTINA PIETRONUDO	“	1315
<b><i>Looking for a dominant design in car battery technologies: Influencing factors and strategic implications</i></b> GIULIA TAGLIAZUCCHI, GIANLUCA MARCHI, ALESSANDRO ENDRIGHI	“	1321

# Contributing to Cultural Welfare: A Critical Review of Methods for Measuring the Impact of Culture on Sustainability and Well-being

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## Abstract

*In the context of increasing attention to cultural value and the value of culture for people and society, this paper provides a narrative critical review of methods for measuring the impact of culture on sustainability and well-being. After clarifying the interconnected and multifaceted concepts of culture, value and measurement, the research critically discusses different methods for grasping and understanding the benefits of culture. Both scientific literature and international documents are thoroughly examined to cluster current tools and models, identify gaps in the current debate on cultural welfare, contribute to theoretical development and provide recommendations for cultural management.*

**Key words:** culture; value; measurement; impact; sustainability; well-being

**Framing of the research.** *Defining and measuring the value of culture means navigating and disentangling complex and intricate concepts, such as those of culture, value, and measurement.*

*First, the overlapping and competing dimensions of culture, including its dual nature, should be recognised: on the one hand, culture refers to a limited set of activities produced by human beings; on the other hand, in a broader sense, it includes everyday activities as a whole in their different facets – social, economic and political ones (MacDowall, 2015, p. 2).*

*Regarding value, in the current context, its subjective nature is widely accepted. Recognising its extrinsic and relational nature means overcoming the misleading distinction between intrinsic and instrumental value. Indeed, as argued by Montella (2009, 2016), value always requires assessment by an external subject. When evaluating cultural services, value is influenced by the context in which the interaction takes place and depends on the characteristics of the offer and its users – their needs and desires, as well as the resources they have for benefiting from a service (Montella, 2016, pp. 109-110).*

*Finally, measurement cannot be reduced to the economic-monetary evaluation (Redden, 2015, p. 31). Measuring is a broad and multifaceted activity which entails defining the aspects to be included in the analysis, methods to be adopted, and processes to be implemented to make measurement a valid tool to support cultural management and the sustainability of cultural activities in the long term.*

*Nowadays, culture has become an essential component of sustainable development (Cicerchia, 2021). It is considered the fourth pillar of sustainability (Culture in Sustainability), a point of convergence with a mediating function between the three traditional pillars (Culture for Sustainability), and a central hub for the other pillars of sustainability, that is, the global dimension of sustainability (Culture as Sustainability) (Soini, Dessein, 2016).*

*Aiming to measure and monitor the contribution of culture to the national and local implementation of the Goals and Targets of the 2030 Agenda for Sustainable Development, in 2019, UNESCO provided 22 thematic indicators for culture (Culture | 2030 Indicators) divided into four areas:*

- 1. Environment and resilience: (1) expenditure on heritage, (2) sustainable management of heritage, (3) climate adaptation and resilience, (4) cultural facilities, (5) open space for culture;*
- 2. Prosperity and livelihoods: (6) culture in GDP, (7) cultural employment, (8) cultural businesses, (9) household expenditure, (10) trade in cultural goods and services, (11) public finance for culture, (12) governance of culture;*
- 3. Knowledge and skills: (13) education for sustainable development, (14) cultural knowledge, (15) multilingual education, (16) cultural and artistic education, (17) cultural training;*
- 4. Inclusion and participation: (18) culture for social cohesion, (19) artistic freedom, (20) access to culture, (21) cultural participation, (22) participatory process.*

*Although the dimensions mentioned above represent an overall contribution of culture to sustainability goals, this framework lacks a further step in recognising the close interlink between sustainability and well-being. As O'Mahony (2022) pointed out, even though sustainability and well-being are two global political priorities with various overlaps,*

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they remain isolated, and well-being is poorly characterised in sustainability. In this regard, Chapter Six of the World Happiness Report 2020 addressed the connections between sustainable development and human well-being, studying the empirical relationship between the SDGs and subjective well-being using data from the SDG Index and the Gallup World Poll (De Neve, Sachs, 2020).

Due to the numerous interconnections between these concepts, it is crucial to incorporate a sustainability perspective when contemplating human well-being in the cultural sector.

Well-being is a multidimensional concept that encompasses every aspect of the life of individuals and communities. Swarbrick (2006) identified eight dimensions of well-being: physical, spiritual, social, intellectual, emotional/mental, occupational, environmental, and financial. In the current scenario, the close link between well-being and health that we can observe results from the revolution that has transformed the concept and definition of health (Cicerchia, 2022). Indeed, the shift from the bio-medical model to the bio-psycho-social model represents a fundamental change in the way health and illness are understood and approached (Engel, 1977). This model widens the focus, previously centred on purely biological factors, by incorporating psychological and social factors into the understanding of health and illness, highlighting how an individual's well-being depends on all three spheres. Indeed, the concept of health has enlarged its horizons since the World Health Organization (WHO) provided a definition in 1948 that has remained unchanged ever since: "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity" (WHO, 1948, p. 1). The definition of health rooted within society and culture, influenced by internal and external determinants, together with the salutogenic approach introduced by Antonovsky (1996), provided a new framework to understand and promote factors that contribute to health and well-being. In 2020, WHO added that health and well-being "are influenced by a range of biomedical, psychosocial, social, economic and environmental factors that interconnect across people in differing ways and at different times across the life course" (WHO, 2020, p. 39).

This emerging approach has impacted the evaluation of culture. Thus, when analysing cultural policies and activities promoted by cultural organisations, scholars have devoted increased attention to the impact of culture on the quality of life, health and well-being, as well as on the economy and society at local, national and international levels (McCarthy et al., 2004; Bollo, 2013; Lee, 2013; Scott, 2013; Tuck, Dickinson, 2014; O'Brien, 2015; Cicerchia, 2017a, 2017b, 2022; Crossick, Kaszynska, 2016; OECD, ICOM, 2018; Brown, 2019; Gariboldi, Marconi, 2021).

Moving from the theory to the practice of evaluation, the first issue to define is the field of investigation (what to measure). Indeed, measurement can be applied not only to the effectiveness of public policies at different levels, i.e. European, national, regional and local, but also to the activities carried out by a single organisation or, more specifically, to a single project or activity. Second, it is a matter of how, that is, choosing the methodology, which could be qualitative or quantitative or mixed, also considering difficulties in quantifying dimensions that are not necessarily quantitative. Furthermore, we cannot overlook the effects of measuring. As already argued, not only do numbers matter (Blomkamp, 2015, p. 12), but they have the power to construct understanding of the world (Redden, 2015, p. 29). Another crucial aspect is the need to standardise methodologies to compare data. Finally, we must take into account the reasons for measuring. This issue has become relevant in the context of spending review – and connected austerity measures in using public resources – and evidence-based policy and public management. Thus, measurement has become central for accountability, especially in the case of public policies or activities carried out by public organisations or financed by public expenditure. In addition, it has recently been recognised as an essential tool for promoting cultural welfare.

**Purpose of the paper.** The paper aims to provide a review of methods for measuring the impact of culture on sustainability and well-being. To achieve this goal, we analysed models for holistic impact assessment, focusing on the tools they offer for measuring the contribution of culture to promoting multidimensional forms of well-being of both communities and individuals. The research critically discusses different methods for grasping and understanding the multifaceted benefits of culture. It seeks to identify the nuances and synergies that emerge when multiple dimensions of impact assessment are considered simultaneously. The analysis intends to identify gaps in the current debate, contribute to theory development and provide recommendations for cultural management.

Moreover, the research investigates if and how these models adopt both a multidimensional approach and a multi-stakeholder perspective, highlighting tools designed for different beneficiaries: cultural and creative organisations, policymakers, individual citizens, or communities. The attention to these specific elements is the basis for the next step of the research, namely the definition of a holistic framework integrating different scientific contributions. This model may be specifically tailored to the evaluation of cultural and creative activities, providing an approach that embeds the principles of cultural welfare into the managerial structure, from design to evaluation. Cultural welfare practices lack a shared impact assessment conceptual framework and model; their evaluation is often limited to spot intervention, missing the opportunity to root this approach in the way an organisation works. In doing so, we aim to contribute to advancing methodologies that capture the intricate interplay between cultural, social, economic, and environmental factors, ultimately promoting a more holistic understanding of the broader impacts of cultural initiatives.

**Methodology.** The research is developed by adopting a narrative critical review (Green et al., 2006; Ferrari, 2015; Pautasso, 2019). Both scientific literature and international documents were thoroughly examined. In addition to scientific databases such as Scopus, Web of Science and Google Scholar, grey literature was investigated. Even if the narrative review is more likely to introduce bias because it includes only research selected by the authors, in this case, it was preferred because it allowed the authors to include policy documents, green papers and project reports that are not retrieved by academic databases.

Due to the many methods and approaches, navigating this topic can be very challenging. A key contribution to better understanding the geography of impact assessment approaches came from the SoPHIA project and its deliverable 1.2, “Concise Essay mapping existing Gaps, Issues and Problems”.

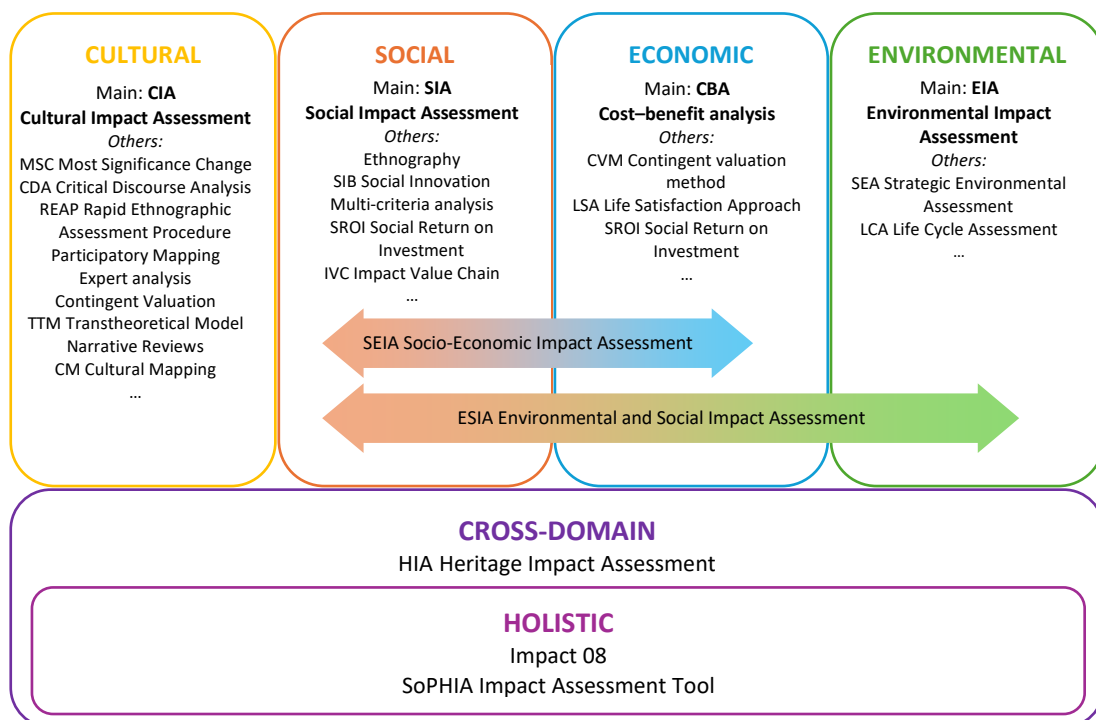
**Results.** For a long time, impact assessment in the cultural sector has been characterised by a clear, almost impenetrable, delineation of the areas of investigation. Evaluation practices, borrowed from other sectors to the cultural one, were often limited to a single domain – social, cultural, economic, or environmental – losing sight of the interconnections and mutual influences between the different impact spheres of these activities. Consequently, cultural impact has often been evaluated through a narrow lens rather than adopting a holistic framework to understand its effects. In more recent times, evaluation tools designed at the intersection of different areas of investigation have begun to appear, in line with the recommendations provided by Europa Nostra’s report “Cultural Heritage Matters for Europe” (CHCfE Consortium, 2015, pp. 17, 97-102). The report emphasises the importance of adopting a holistic four-domain approach (social, economic, cultural, and environmental) in cultural impact assessment. Indeed, it is based on the recognition of the role of culture as a fourth pillar for sustainable development – together with economic, social, and environmental pillars – as stated in the Hangzhou Declaration “Placing Culture at the Heart of Sustainable Development Policies” (UNESCO, 2013).

Different approaches still populate the constellation of impact assessment, and many of them still adopt a single field “language” to describe phenomena whose impacts are spread in different spheres, such as The Life Satisfaction Approach (LSA). LSA is a quantitative tool developed in economics that provides a monetary evaluation as an output. Through a survey, LSA provides information about respondents’ life satisfaction, their degree of participation and engagement in the arts and cultural activities, and other socio-economic and demographic characteristics of the respondents. Tools such as this do not adopt an integrated and interconnected view and do not align with the holistic framework.

Aiming to fill this gap, the already mentioned SoPHIA’s deliverable “A concise essay mapping existing gaps, issues, and problems” (2020) provided an overview of tools and methods developed in four domains: social, cultural, environmental, and economic. A total of 42 different methods were collected. To comprehend the distribution of these methods, here is an overview of their allocation based on their respective domains: 14 in cultural, 24 in social, 4 in economic, 3 in environmental, and 4 are related to two or more domains.

In particular, among these 42 methods, 6 are used in two different domains, but they are characterised by a single-field approach (e.g. economic methods applied to the social dimension, such as SROI – Social Return on Investment, which is present in both social and economic domains), 2 of them are classified as attempts to create synergies between methods of two domains (i.e. SEIA – Socio-Economic Impact Assessment and ESIA – Environmental and Social Impact Assessment), and finally 2 of them are labelled as cross-domain methods, namely HIA – Heritage Impact Assessment and Impact 08 (Fig. 1).

Fig. 1: Impact Assessment Methods divided by domain (own elaboration based on the initial classification provided by SoPHIA Project, 2020)



*Our analysis is still ongoing, but some first considerations can be made focusing on those methods highlighted as cross-domains, i.e. HIA and Impact 08, in addition to SoPHIA Holistic Impact Assessment Tool.*

*Even if HIA and Impact 08 are both identified as cross-domain, HIA does not provide a comprehensive approach to assess the impact of culture across all dimensions of society. As pointed out by Ashrafi et al. (2021a, 2021b), HIA has been developed by ICOMOS within the framework of EIA – Environmental Impact Assessment, to measure the potential impact of a proposed development on cultural and historical resources, such as archaeological sites, historical buildings, or cultural landscapes – with specific recommendations to mitigate any negative impacts (ICOMOS, 2011). It is also worth mentioning that HIA is increasingly required to analyse the possible effects and consequences of development on the Outstanding Universal Value (OUV) of World Heritage Sites. Indeed, the very vocation of the “HIA Guidance” developed by ICOMOS (2011) is to provide a methodology for assessing the potential impact of a change or development on OUV attributes as part of a broader EIA process. This characteristic means that it often refers to a well-defined and delimited area of action, UNESCO sites, making its application in other contexts challenging and often inappropriate. Furthermore, this method does not offer useful tools to investigate the impact of culture on well-being. Indeed, this example shows a common obstacle when addressing the topic of cultural impact assessment, namely the risk of encountering tools that assess the impacts of a proposed development on cultural heritage. As a result, this tool can provide information only limited to the enhancement and conservation activity of the site under analysis as it focuses on safeguarding cultural heritage rather than on the impacts it may have on the society that hosts it.*

*The second cross-domain method is Impact 08, a holistic longitudinal impact analysis. It was successfully used to assess the economic impacts of Liverpool European Capital of Culture (ECoC) 2008 (Garcia et al. 2008, 2010). Impact 08 developed a holistic approach by focusing on five areas: 1) cultural access and participation; 2) economy and tourism; 3) cultural vibrancy and sustainability; 4) image and perception; 5) governance and delivery process. As pointed out by Baioni et al. (2021, p. 15), Impact 08 has been able to incorporate policy objectives and address the different imperatives relevant to cultural intervention in each sector analysed. Beyond quantitative metrics, Impact 08 adopted qualitative methods, considering the lived experience of residents as an essential component of the study and providing insights about positive and negative aspects from residents’ perspectives. What emerges is that the tool’s nature, that is, being designed to evaluate Liverpool’s experience as ECoC, weakens the holistic approach of the evaluation. Indeed, due to the context in which it took shape, this assessment paid strong attention to outputs, particularly visitor flows and tourism, and demonstrated a slight concern for sustainable development issues in the city. The report provides insights on dimensions related to human well-being (e.g., occupational well-being, cultural engagement and participation, sense of belonging, local identity), but fails to mention environmental impacts directly. Overall, this example contributes fundamentally to introducing the holistic approach in the sector. However, it is important to note that it was developed and designed specifically for an exceptional event such as ECoC. Therefore, it is more appropriate to measure the impact of similar events on an urban scale rather than to evaluate the impact of culture in other production contexts and on different geographical scales.*

*Finally, the Holistic Impact Assessment Model proposed by SoPHIA represents a key contribution to spreading a holistic approach in the cultural field. SoPHIA Social Platform for Holistic Heritage Impact Assessment is a project funded by the European Commission under the H2020 work program (2018-2020) to develop a holistic, multi-domain, and intersectoral impact assessment model to evaluate interventions on cultural heritage (Baioni, 2021). The SoPHIA model is not a “ready to use” tool that can be applied universally; instead, it is a “conceptual model” that must be transformed and customised into an operational framework (Arif et al., 2021, pp. 87-88). What makes this tool valuable is the role that it assigns to the indicators and qualitative measures collected. They are organised according to domains and subdomains, but their contribution is not limited to the area of affiliation; instead, they are helpful in evaluating transversal aspects of key issues. In addition, the model differs from other impact assessments as it adapts to the analysis needs of three categories: policymakers (from local to European level), managers and practitioners, and institutional observers and independent researchers (SoPHIA, 2021). SoPHIA model adopts an approach developed on three axes: 1) domains, represented by issues organised by themes and interconnected subthemes; 2) people, divided between promoters of the assessment and stakeholders involved in the evaluation process (e.g., policymakers, local communities, civic society); 3) time, represented by the balance between current need and legacy but also related to the moment in which the assessment happens (ex-ante; on-going; ex-post) (Arif et al. 2021, pp. 77; Baioni et al. 2021, pp. 17-20).*

*The multi-domain axis encompasses six different themes – further divided into subthemes, for a total of 28 – in which a cultural intervention can potentially impact. They are organised as: 1) social capital and governance; 2) identity of place; 3) quality of life; 4) education, creativity, and innovation; 5) work and prosperity; 6) protection. Themes and sub-themes are described, along with their cross-cutting issues and counter-effects. The assessment is developed thanks to quantitative indicators, and the perspective of people – direct beneficiaries and workers engaged in the implementation of the initiative – on the intervention’s quality (Arif et al. 2021, p. 75).*

*As Arif et al. (2021) pointed out, the repetition of indicators among themes and subthemes was an obstacle to the development of the model, which caused redundancy. This issue was addressed through the testing phase by implementing a clear differentiation of themes and subthemes. Topics affected by this phenomenon more often were those related to social capital, prosperity and attractiveness, and well-being (Arif et al. 2021, p. 71).*

*One of the main holistic features of this tool is the ability to show interconnections between various areas thanks to cross-cutting issues and counter-effects described for each sub-theme. The theme of Quality of Life, originally named Well-being/Quality of Life (Ioannou, 2021), was a privileged viewpoint to observe counter-effects; for this reason, it has been lightened, leaving the dimension of well-being in the dimension of counter-effects.*

**Research limitations.** *The research is theoretical since it analyses and discusses pre-existing theories, methods and models. The research focuses mainly on holistic tools, not the various methods that populate the impact assessment universe. Moreover, the analysis is still in progress. Its further development entails a thorough analysis of the impact assessment methods under investigation to develop an original holistic framework for measuring the impact of culture on sustainability and well-being.*

**Managerial implications.** *The analysis suggested by the research could be a valuable resource for cultural management and policymaking. The review provides cultural managers with a set of approaches and tools that could be applied to the cultural sector. By critically discussing them, the research also guides cultural organisations in defining their measuring methods and instruments.*

*The paper recommends integrating a holistic perspective into managerial practices to achieve more sustainable and well-being-oriented outcomes. It emphasises the importance of a comprehensive approach that considers the diverse dimensions of culture and provides practical insights to enhance cultural impacts. Indeed, the interconnected and multifaceted nature of culture, highlighted in the paper, calls for interdisciplinary collaboration within organisations between cultural experts, sustainability professionals and well-being specialists to develop holistic strategies guided by the integrated cultural welfare approach.*

**Originality of the paper.** *The paper provides a comprehensive overview that helps understand and evaluate the benefits of culture. To the best of our knowledge, even if studies have provided a variety of models and tools, an analysis of holistic methods under the lens of the contribution of culture to sustainability and well-being has never been carried out. The analysis developed within the paper could help identify trends, overlaps, and gaps in the current debate about holistic approaches.*

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